



CHEST
MEASUREMENT:

Measure the 1/2 circumference of your chest. Start from 1 inch (2.5 cm) below your underarms.

BOTTOM
MEASUREMENT:

Measure the 1/2 circumference of your hips.

LENGTH
MEASUREMENT:

This is taken from the joint of the shoulder seam and ribbing (around the neck) down to the bottom of the hem.

SLEEVE
MEASUREMENT:

This is taken from the joint of the shoulder seam to the end of the sleeve.

	XS	S	M	L	XL	XXL	XXXL
Chest (cm)	47.5	50.0	55.0	60.0	65.0	70.0	75.0
(in)	18.7	19.7	21.7	23.6	25.6	27.6	29.5
Bottom (cm)	45.0	47.5	52.5	57.5	62.5	67.5	72.5
(in)	17.7	18.7	20.7	22.6	24.6	26.6	28.5
Length (cm)	73.0	74.6	75.5	77.0	78.5	80.0	81.5
(in)	28.9	29.1	29.7	30.3	30.9	31.5	32.1
Sleeve Length (cm)	65.0	66.0	67.0	68.0	69.0	70.0	71.0
(in)	25.5	25.9	26.3	26.7	27.1	27.5	27.9